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## CONSENT FOR INTRAVENOUS (I.V.) SEDATION

This is a “light conscious sedation” where you will be in a state of extreme relaxation and likely will not remember the surgical procedure. You will still need to be numb in the surgical area with local anesthetic, but Dr. VanWinkle will numb you only **after** you have been sedated.

### Risks

- You may be slightly aware of the procedure and your surroundings
- You may experience nausea and vomiting during or after the procedure
- You could remain drowsy up to 8 hours after the procedure
- Redness, bruising, or tenderness of the skin at the vein access site may persist for days or weeks
- Your vital signs will be closely monitored during the procedure; however, you could experience respiratory or cardiovascular complications resulting in transportation by ambulance to a nearby hospital

### Alternatives

- You may choose to have an orally administered sedative
- You may choose to have nitrous oxide
- You may choose not to have any form of sedation

### Before the Appointment

- **Do not eat for at least 6 hours prior to your appointment. Please drink plenty of water to stay hydrated.** If you have an afternoon appointment, you may eat a light breakfast no later than 8:00 a.m.
- Continue to take prescribed medications unless previously instructed otherwise
- Report to Dr. VanWinkle and/or his assistants of any recent changes in health or any symptoms of sickness such as fever, common cold, runny /stuffy nose or flu like symptoms
- **Wear loose, short sleeved, comfortable clothing to allow access to your arm**
- Avoid wearing body lotion and jewelry. Please remove nail polish and contact lenses (eye glasses are acceptable)
- A parent or responsible adult with authority to make decisions must accompany you and be accessible to Dr. Van Winkle during the sedation
- Failure to comply with any of these instructions may result in cancellation of the appointment

### After The Appointment

- Arrange for a responsible person to drive you home and stay with you for the remainder of the day
- Do not maintain any activity and **do not drive for the remainder of the day**
- For the first 2 hours following surgery, limit diet to clear liquids and soft foods such as Jell-O, apple juice, Gatorade, 7-up or Sprite
- A separate detailed instruction sheet will be given and explained to your driver
- Call Dr. VanWinkle (317-691-4169) if you have any questions or concerns

**I have received, read and understand these instructions. I will follow them carefully and completely**

Signature \_\_\_\_\_ Date: \_\_\_\_\_  
*Patient / Parent / Guardian*